

# NO BOOZE NEWS

# 2021

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Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

## **My First Miracle**

JUNE 2001 Grapevine

At thirty years old, I have just realized that I've never had faith. It certainly explains my feeling of never quite belonging, never connecting, not feeling like "one of the gang" for many years. It wasn't until recently, through my recovery and involvement with AA, that I started discovering faith and seeing what I've been missing all my life.

I will celebrate ninety days of sobriety this week, and I can't believe how much my life has

### QUOTE OF THE MONTH

Nearly all of us, when we think about it, agree that we are a long, long way from being anywhere near grown-up, from almost any point of view. We can clearly see that our job as individuals and as a fellowship is to keep right on growing by the constant use of our Twelve Steps.

Bill W. 1960

changed in three short months. I've never been able to commit to anything for very long, except for drinking. I tried rollerblading, aerobics, swimming, and karate to make me feel healthy, but I always ended up with a glass of wine at the end of the day. I read self-help books and went to therapy, but still found myself resorting to alcohol. I used alcohol to take the edge off everything. It felt good at the time, but prevented me from actually having to deal with anything difficult.

My life had become one smoothed-over mess. I was divorced, depressed, and exhausted from running from reality for so long.

It could have been the toxic relationship I found myself in or the feeling of being so out of control that got me sober. Or maybe it was the sensation of constantly looking over my shoulder, waiting for someone to tell me that they had figured me out: they knew my secret; they knew I was a phony and a bad person. I wanted so much to settle down, get married, and have a family, but each drink brought me further and further away from that dream. And I couldn't understand why.

After all my attempts to quit didn't work, when antidepressants didn't work, when I began to have more weekends lost to blackouts than I could rationalize, I walked into the arms of AA. I completed an intensive outpatient program and attended AA meetings, slowly at first.

My faith developed gradually. One day I realized my faith was a powerful one. It wasn't an epiphany, but a series of subtle clues that led me to freedom. It began with the discovery that there was an AA meeting across the street from my office, which met three times a week. Then a friend referred me to a friend of hers in the Fellowship, and we hit it off immediately. She became my sponsor.

The last and most powerful sign that I was opening up my heart and allowing something in to help me came only recently. I had just canceled my group therapy appointment to attend an AA meeting where my sponsor was to speak. But on my way there I started feeling like a kid who was cutting class and began thinking old, sneaky thoughts: "Maybe I can skip the meeting and go shopping. But what will I

tell my sponsor? Lie? No, I can't. I'll get on the freeway and let the traffic decide. If it's not too bad, I'll keep heading to the mall. If it's crowded, I'll exit toward the meeting." Well, not three minutes into my freeway ride, I was slowed down by traffic and noticed the license-plate holder on the car in front of me. It said, "Alcoholics do it in groups." Decision

made, I took the first exit toward the meeting without a second thought.

I listened to my sponsor speak and knew I was in the right place. I didn't know anyone except her, but I felt I was surrounded by friends. I was bursting with emotion and with a comfort and serenity I had never known. The principles, the Promises, the stories being told, the feelings being shared, meant something to me. For the first time in my life, I connected, I related, I belonged.

As I drove home after the meeting, I felt entranced. I was experiencing something I had only heard people talking about. I felt full, complete, safe, and secure. I felt this way from within, unlike the times when I seemed to get all my feelings from external sources. It was amazing. And I knew I was going to keep coming back for more.

BY: LAURA D. | PHOENIX, ARIZONA

### LIFE ON EVEN KEEL

APRIL 1960 GRAPEVINE

WHAT I have lost during my drinking sprees, I certainly have more than gained through the AA fellowship and my God. I can honestly say that I'm glad that I'm an alcoholic. I also know and feel that I have much more than the average non-alcoholic has today. Having been sober for two years now, I have learned to live with my problems and to cope with all my affairs and I have found serenity and happiness that I never knew before. I've seen mentioned in a few articles in the Grapevine about being born again and I can fully realize what is meant.

All through my drinking days, I have either taken too much or too little for granted. I was living only for myself. Either I was a spendthrift while drinking or became a miser when I sobered up. I saw only the dark side of life or else tried to become a martyr. Or I had faith in God and AA but not in myself. Sometimes things were too easy or else they were too hard. I was either sober and miserable or drunk and sick. And so I have always been on one side of the keel or the other.

But now I find that in everything in life there is a positive and negative element. I know that John Barleycorn, my adversary, is always in the ring with me. I do not try to rush him and yet I don't dare to let my guard down either. Yet, I cannot hate him because he has his good qualities too. And so I have come to see the good side of life as well as the bad. I think one of the greatest things in our program is the Serenity Prayer. "...to accept the things I cannot change, the courage to change the things I can. . . . " This little prayer has helped me many times and has given me the faith that I so badly needed within myself. AA is truly God's gift to the alcoholic

BY: C. R. S. | SAN FRANCISCO, CALIFORNIA

## What Is Maturity?

#### **APRIL 1960 GRAPEVINE**

MATURITY is the growing awareness that you are neither wonderful nor hopeless. It has been said to be the making of peace between what is and what might be. It isn't a destination. It is a road. It is the moment when you wake up after some grief or staggering blow and think, "I'm going to live after all." It is the moment when you find out something you have long believed in isn't so and, parting with the old conviction, find that you're still you; the moment you discover somebody can do your job as well as you can, and you go on doing it anyway; the moment you do the thing you've always been afraid of; the moment you realize you are forever alone, but so is everybody else, and so in some way you are more together than ever; and a hundred other moments when you find out who you are. It is letting life happen in its own good order and making the most of what there is.

BY: PAAHAO PRESS

## **Words From the Big Book**

In the preceding chapters you have learned something of alcoholism. We hope we have made clear the distinction between the alcoholic and the non-alcoholic. If, when you honestly want to, you find you cannot quit entirely, or if when drinking, you have little control over the amount you take, you are probably alcoholic. If that be the case, you may be suffering from an illness which only a spiritual experience will conquer.

To one who feels he is an atheist or agnostic such an experience seems impossible, but to continue as he is means disaster, especially if he is an alcoholic of the hopeless variety. To be doomed to an alcoholic death or to live on a spiritual basis are not always easy alternatives to face.

### Page 44

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP — Gratitude With Service form revised 9/020			
Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204			
(480) 827 <i>-</i>	1905 <i>e-maik</i> <u>info@aan</u>	nesaaz.org	www.aamesaaz.org
Date*Fi	rst Name	I	_ast
Address			Phone
   *City	*\$T	*Zip	*Gender
*Sobriety Date	Home Group		<del>-</del>
e-mail address	e-mail addressAlt Phone		
	* = required for listi	ng in 12 <sup>th</sup> Step	List
[] <i>Na</i>	o Booze News Subscription / Renewal	(\$12.00 annuc	al subscription fee enclosed)
Volunteer Service Options Committees of Interest			
Check only those you d	are willing to commit time to		Check only those you are willing to serve on
   12 <sup>th</sup> Step List Volunteer	Phones Night & Weekend	[] Public	Information / Cooperation with the
[] Weeknights	[] Weekends	Profes	sional Community
[] Weekends	[] Weeknights	[] Specia	l Events
[] Weekdays		[] Literature	
		[] Newslo	etter ( <i>No Booze News</i> )
[] Office Phone Volunteer [] Unity Committee			
[] Other Office Help			



### ROUNDUPS, CAMPOUTS AND CONFERENCES

### IT'S IN THE BOOK JAMBOREE

A VIRTUAL EVENT
FEBRUARY 12 ~ 14
REGISTER FREE AT AAELPASO.ORG

### INTERNATIONAL WOMEN'S CONFERENCE

FEBRUARY 18 ~ 21, 2021 VIRTUAL, HOSTED BY CHARLOTTE NC INTERNATIONALWOMENSCONFERENCE.ORG

# **2021 Pre Conference Assembly**

VIRTUAL ASSEMBLY.
Hosted by Sub-district 02-201.
March 26-28, 2021
Register at area03.org

PRAASA 2021, A Virtual Online Event REGISTRATION IS OPEN.

https://www.praasa.org/home

March 5,6,& 7. Hosted by Area 93 Central California

### **2021 Post Conference Assembly**

VIRTUAL ASSEMBLY. Hosted by sub-district 08-818, 819, 820. June 5, 2021 Looks like <u>most</u> events are shut down or going to online formats.

Check the events page on our website periodically. We will post information as it becomes available.



## Camp hope

My family goes camping often with several other families. Some of the adults drink, some don't, and a few drink alcoholically. I have not had a drink in many years, thanks to AA. Everyone is grateful for my recovery.

At one campout, my friend Buddy, whose drinking has cost him his family, his career and most of his friends, showed up uninvited. Even the little kids groaned when he arrived. We grudgingly agreed among ourselves to not ask him to leave, as his ex-wife and young kids were there. I personally hoped that he might approach me over the weekend for some help. He knew I had hit rock bottom and was now happy in AA.

One afternoon while the others were off fishing, I found myself alone with Buddy and the words I was hoping to hear came.

"You seem happy," Buddy said. "I hear you have a great job and you can drive again." "Yes," I replied. "Life is so much better."

"So you quit drinking altogether? "he asked. "Yep," I answered. "And you attribute this to AA?" he asked. "AA absolutely changed my life," I said. "It's the only reason I'm alive and sitting here free today."

Things got quiet. Buddy then said, "Aww, that crap doesn't work!"

There I was, a living, breathing example of the miracle of AA, and my friend dismissed it altogether. Oh, how we lie to ourselves in our sickness. I do hope that one day my friend finds what we have found.

Anonymous



Name	Date	Days
Thomas T	2/15/1975	16802
Judy A		
Donna H	2/4/1981	14610
Stephen P.	2/21/1982	14245
Wayne S.	2/1/1983	13880
Jerry L	2/24/1983	13880
Pat W	2/2/1985	13149
Kathy K.	2/27/1985	13149
Monica G	2/23/1990	11323
Mathew D	2/14/1991	10958
Jan L		
Rob W	2/28/1993	10227
Brian G	2/28/1993	. 10227
Buddy M	2/19/1996	9132
Bev M	2/26/1996	9132
Linda S	2/28/1996	9132
Rosemarie R		
Robert B	2/14/2001	7305
Phil H.	2/4/2002	6940
Frank G		
Mindy B	2/20/2005	5844
Judy K	2/11/2006	5479
Jason T.	2/17/2007	5114
Michael K	2/14/2008	4749
Tyler K		
Lauren K		
Jason C	2/17/2009	4383
Ralph C	2/17/2009	4383
Alex B	2/1/2010	4018
Kirsten J		
Mathew D		
Joel (JJ) G	2/17/2010	4018
Mathew F	2/18/2010	4018
Devran B		
Brad B		
Dewey D		
Scott H		
Jerry T	2/12/2014	2557
John K		
Mike J		
Delia S		
Chad C		
Barbara E		
Debbie R		
Troy D	2/21/2018	1096
Alesha D	2/28/2019	731

# Things We Can Not Change John W.

A long time member of the Arbor Group and our Fellowship has passed from this world .

His life and sobriety touched many, he will be missed.

<u>Step Two</u>~ Came to believe that a Power greater than ourselves could restore us to sanity.

<u>Tradition Two</u>~ For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

<u>Concept Two</u>~ The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

"You know you're an alcoholic when you misplace things ... like a decade." — Paul W.

# At Wits End

"AA isn't a program from which you can graduate. The highest you can go is sober. If you get any higher than that, you have to start over." – **Bob B.** 

I don't want my ego to be the first thing people see when I walk into a room. - Shawn

AT A RECENT AA MEETING, a long-winded speaker began describing every detail of his drinking. After an hour, when the meeting was supposed to end, half the audience got up and left. However, the speaker just kept talking. So half an hour later, several more people left. The speaker kept right on talking. Half an hour later, everyone else in the audience got up and left—everyone except one woman.

At last, the speaker wrapped it up. "Oh, my gosh!" he said, looking at his audience. "Where did everybody go?"

"You talked so long that they left," the woman replied.

"That's terrible! I had no idea I was going on so long," the speaker exclaimed. "But tell me, why did you stay?"

"I'm the next speaker," she replied.

Anonymous Manhattan, New York

### Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org



### GOT SERVICE?? INTERGROUP SERVICE OPPORTUNITIES

### PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or email picpc@aamesaaz.org

### **EVI Phone Workshop**

Third Friday's at 6:15 pm
Before the monthly business meeting at



aamesaaz.org

Or

### Workshops can be done at your Group!



For more information Call Lisa V. 480 827-1905

# EVI Sponsorship Workshop

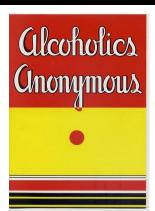
10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Jerry C

HOST GROUP SCHEDULE

March 6 ~ TBD



## **EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting 1st Friday of the month

Check aamesaaz.org for location information contact: 480 827-1905

Join the

## **EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday
On ZOOM

aamesaaz.org

Contact 480 827-1905

# Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.



## **EVI Monthly Speaker Meeting**

1st Friday of Every Month

**Meeting Now At 7:30pm** 

Check aamesaaz.org for location information

February 5th~ The Society

March 5th ~ TBD

These are subject to change - so keep watching.

# Central Office Manager's Report January 15, 2020

Happy New Year. Welcome to all the new Intergroup Reps, Steering and Service Committee Members. Your Central office has started the year with the usual increase in activity. The phones are ringing more with curious and concerned looking for information about Alcoholics Anonymous.

In December we received 518 requests for information and assistance. Of those 135 calls were for meeting info, 148 were office visitors and 18 resulted in a good old fashioned 12 step call. Our Google listing also receives steady traffic. Our Google totals for November are 6,059 searches resulting in 402 visits to our website and 44 phone calls. Our website stays busy too with 28,322 visits in the last 30 days. We are seeing a few events popping up in the future both live and virtual. Keep checking the Events page at aamesaaz.org.

The 2020 year end report is available. It was a crazy year with many locations closing, groups moving or going to online meetings and many of our members going into a semi quarintine state. Sales naturally dropped but individual contributions rose by almost \$10,000 and Group support remained strong with 70% of the groups providing financial support. Most importantly, 12 step calles hit a new high at 158 coordinated during office ours and many more after hours I'm sure.

There is also a new book coming in February titled "A Visual History of A.A." We have placed a preorder for those insuring us an early delivery.

We are still setting up record numbers of 12 step connections and there are regular spots available for the office front desk. Please discuss with your group the service opportunities that are available thru your East Valley Intergroup. Please take some Gratitude with Service forms back to your group and encourage them to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service Kim Watkins Central Office Manager, East Valley Intergroup

### **EVI CENTRAL OFFICE ACTIVITY**

	Dec	2020
Meeting Information Calls		
General Information	108	1283
Referred to Salt River Intergro	up 5	71
Referred to Al-Anon	14	132
Referred to Community Info	0	2
12th Step Calls	18	158
Business Calls	94	1158
Office Visitors	148	1385
Meeting lists printed	200	3500
Info request via E-mail	52	808
Desk Volunteers-Reg/Sub/No	ne	28/ 12/ 4
Desk Volunteers-Reg HRS YTI	D	1096hrs

### **Web Stats**

Website Visits last 30 days 28,322 YTD 374,989

Google Searches last 30 days 6,059

# **Meeting List Updates...**

Uur website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and how.

### New Meetings:

MO 7:15pm O 2's and 3's and 5's 3450 W Ray Rd. Chandler Florence Men's WE 7:00pm O 225 E Butte Ave. Florence Good Orderly Direction 241 Queen Anne Dr. Queen Valley MO 7:00p O

(Queen Valley Baptist Church)

Serenity Now 655 S Crismon Rd. Mesa SU, MO, WE 9:30a

(Skyline Park N of RR)

Changes: ~Too many to mention.~

Deletions:

East Valley Intergroup \*\* NEW \*\* 1855 E Southern Ave. Suite # 103 Mesa, AZ 85204

General Service Office PO Box 459, Grand Central Station New York, NY 10163

Area 03 Treasurer PO Box 3691 Gilbert AZ 85299 \*Make Check To: AZ Area Committee\* District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 \*\* NEW \*\* PO Box 1901 Queen Creek, AZ 85142-9998

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Valleywide H & I PO Box 80126 Phoenix, AZ 85060

### Example of Group Contributions to A.A. **Service Entities**

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

District 08-818 PO Box 12044 Tempe, AZ 85284

# GROUP CONTRIBUTIONS



GROUP	Dec.	YTD
11th Step Candlelight		
2121 Beginner Workshop		\$0.00
24 Hours A Day		
417 Group		
A Vision For You Group		
ABC Group		
Ahwatukee GroupAhwatukee Nooners		
Ahwatukee Saturday Men's		
Ahwatukee Women's Group		
Arbor Daily Noon Group		
As Bill Sees It QC		\$310.33
As You Wake Up		
Attitude Adjustment CG		
Attitude of Gratitude		
BBookworms		
Bloopers		
Bootstrap Men's		
Both Books		\$0.00
Breakfast Club		
Busted Ego		
By The Book		· ·
Chandler Men's Stag Group Chandler Noon Group		
Chandler Women's Big Book Grou		
Common Solution	_	
Common Thread		\$1,387.81
Courage To Change		\$150.00
Dog Tired		
East Valley Men's Stag		
East Valley Veterans		
Easy Does It Group Eye Opener Group		
Fae Pack		
Family Recovery Group		
Fill in the Blank		\$325.39
Firehouse Meeting		\$550.00
Florence Group		
Friday Night BB, Step Study		
Friends Of Bill W  Get It Together		
Gilbert Gals		
Gilbert Group		·
Gold Canyon 12 X 12 Group		\$102.96
Good Ol' Back to Basics		\$300.00
Grateful Girlfriends		
Gratitude Group		
Great Start		•
Gut Level		
How It Works		
Into Action		
Keepin It Real Ladies		
Last Resort		\$60.00
Life In The Big Book		
Maricopa 12 X 12		
Maricopa Group		
Mid-Morning Group  Monday Night Madness		
Morning After		
Name In The Hat		
New Beginnings		
New Spirit Group		
No Big Deals		
No Name AA Group		
Opportunity Knocks Page A Day		
Patio Group		
	,	

GROUP	Dec.	$\underline{\mathbf{YTD}}$
Pioneer Group	\$57.50	\$561.20
Price Is Right		
Primary Purpose Group		
Progress Rather Than Perfektion		
Putting God First		
Queen Creek Nooners		
Re-Awakening Group		\$20.00
Remember When		\$0.00
Renewed Spirit		\$250.00
Rising Spirit	\$532.80	\$1,459.01
Road To Recovery	\$1.088.63	\$7.693.82
Rock Solid		
San Tan Men's		•
Second Chance Group	·	
-		
Serenity Now		
Shade Tree		
Sisterhood Of Solutions	\$112.86	\$289.54
Sobriety is Gold		\$400.00
Sobriety Rocks		\$0.00
Society Group		\$2,050.00
Some Are Sicker Than Others		\$225.00
Southeast Valley Stag		
Spirited Women		
Step By Step Group		
Stepping Stones		•
Sunday Afternoon Step		*
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers	\$125.00	\$468.50
Sun Lakes Women Serenity Seeker		\$250.00
Sunland Serenity Seekers		\$0.00
Sunset Group		
Tempe Group		
Tempe Nooners		
Tempe Sunrisers		
=		
Tempe Young People		
The Library		
The Real Thing		
The Way Out Group		
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		
Tumbleweeds Group		\$1,371.36
Upon Awakening		\$2,850.00
We Ain't Dead Yet		\$115.00
We Agnostics		\$406.59
We Can Group		\$0.00
Wednesday Night Step		
Wednesday Night Winners		
Welcome Home		
West Chandler Men's		•
Who's Driving Your Bus?		
Wolf Pack Group		
Women in Gratitude	\$262.00	\$305.00
Women in Solution		\$30.00
Women in Touch		\$168.55
Wonder Women		\$200.00
*Anonymous Groups		\$339.00
OTHER GROUPS/COMMITTE		
Apache Lake Campout		\$319.17
AZ AA Women's Conf		
District 08		
		*
Dist 08-818		•
Dist 08-819		
Meal and a Message		
Group Totals	\$8,171.76	\$67,525.56
EVI Committees		
Individual Contributions		
GRAND TOTALS		
*Group contribution with no group name li		4-0, 100.00
group hame in	7	

# BALANCE SHEET December 31, 2020

## PROFIT & LOSS STATEMENT December 2020

Assets	
Current Assets	
Checking	7,508.00
Prudent Reserve (Savings)	27,803.68
Accounts Receivable	724.35
Inventory Asset	30,131.89
Undeposited Funds	5.25
Fixed Assets	50.00
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$71,259.75
Liabilities & Equity	
Liabilities	
Accounts Payable	0.00
Visa Credit Card	0.00
Payroll taxes	0.00
Total Liabilities	\$0.00
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	24,503.74
Net Income	2,977.07
TVCC II/COII/C	2,711.01
Total Equity	\$71,259.75
Total Liability & Equity	\$71,259.75

38 Group contributions totaling 14 Individual contributions totaling Intergroup Business Meeting &	\$8,171.76 \$977.00
Service Committee's 7th Tradition	\$11.00
Total Contributions	\$9,159.76
Total Income	\$13,126.39
Less total Cost Of Sales	\$3,398.58
Gross Profit	\$9,727.81
Less total Expenses of	\$6,027.13
Net Dec. Gain	\$3,700.68
<u>YTD 2020 Gain</u>	\$2,977.07

The current Prudent Reserve balance is \$27,803.68 The Prudent Reserve has been established for 2020 in the amount of \$27,817.34

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Ron S. EVI Treasurer fullflight@cox.net

### **Traditions Checklist**

Tradition Two: For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

- 1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
- 2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
- 3. Do I look for credit in my AA jobs? Praise for my AA ideas?
- 4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
- 5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
- 6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?
- 7. Am I as considerate of AA members as I want them to be of me?
- 8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
- 9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
- 10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

### **East Valley Intergroup Business Meeting Minutes**

January 15, 2020

Meeting Opened at 7:00 PM via Zoom

Opened with the Serenity Prayer

12 Traditions read by Dave

Attendees: Cole L. – Easy Does It, Buddy M – Gratitude Group, Monica S-E IR Women Serenity Seekers, Debbie C. – Alt DCM 08-820, Rose Morra – Happy Hour Sunbird Group, Chris – Big Bookworms, Tracey C. - By the Book, Kaine – The Way Out, Shap W. – Tempe Nooners, Jason – Common Thread, Dave T. - SNBBSS, Bri – Courage to Change, Elizabeth – Alt Raising Spirit, Jim M. – WADY, Phil H. – Ahwatukee Men's Group, Jeff G. – Ahwatukee Men's Group Scott C. – Tumbleweeds, Vicki B. – New Spirit, Shari – Sobriety is Gold, Sharon B. – Stepping Stones, Tom C. – PAD, Mary – Busted Ego, Ken C. – Sunset Group, Mary D. – Women In Gratitude, Mindy S – Society GSR, Brandon – Society, AJ G – Rising Spirit, Ashley – Price is Right, Bill – GIT (This list was compiled from the names each rep typed into their Zoom screen.)

New Reps: Chris - New Big Bookworms, AJ - Rising Spirit, Cole - Easy Does It, Vickie - New Spirit, Jeff AMG, Phil - AMG, Brandon - The Society, Jason - Common Thread, Tracy - By the Book, Ashley S - Price is Right

#### Committee and other Trusted Servants:

Tom welcomes everyone with a happy new year. Procedural note: As you vote, silence will imply a yay vote. If you are opposed to the vote, call out Nay.

Secretary's Report: Tom shared on screen minutes from last month's business and Steering Committee Minutes from past week. Motion to accept by Ken (Sunset Group) and second by Jeff to accept report as written. Motion passed.

Treasurer's Report: Ron S.- Report shared on screen. The prudent reserve went up for 2021. See treasurer's report for details. We ended the year with about \$3,000 profit. Motion to accept report as presented – Ken (Sunset Group), seconded by Tom C (PAD), report is accepted as presented.

7<sup>th</sup> Tradition: You can make a 7<sup>th</sup> tradition contribution on the EVI website. <u>www.aamesaaz.org</u>

Chairperson's Report: Tom N. – Shared written report (page 14). Thank you all for participating in the New Year's Eve virtual Alcathon. We have newly open positions; 1. Chairperson for Special Events, 2. Literature Chairperson and 3. Vice Chairperson for the Phones committee. Please contact Tom if you are interested.

Vice Chairperson Report: Wesley H. - no report.

Office Manager Report: Kim W. - report in packet

Year end report available in the packet. This is a good tool to use to share with your group.

Highlights:

Sales were down, but contributions were way up.

We have gained 121 virtual meetings. 56 meetings still temporarily closed.

12 step calls up for the year.

New book published at GSO, should have them next month.

We added Paypal to our website. We are getting about \$1000 a month through Paypal. Some of the increase may be due to this.

Jan. 21 is the folding date at the office, beginning at 9am. Come on down. Need volunteers.

### STANDING COMMITTEE REPORTS

PI/CPC: (Public Information and Cooperation with the Professional Community) Tom C.

Meet on the first Monday of each month - Zoom meeting id and passcode are published in the calendar on the website.

Minutes of our meeting are in the report. Tom recapped.

Special Events: Position open

For the annual Anniversary dinner in March, we are considering a virtual event.

Phone committee: Lisa V.

Lisa held her first training today. It went well.

Needs a co-chair

Unity Committee: Dave K.

Let us know if you'd like to volunteer.

Meet at 6:15pm right before this meeting every month.

Sponsorship Workshop: Jerry C.

January was well attended as it was part of the New Year's Alcathon. It was fantastic.

We need groups to host in all of 2021. Please use the link under new business in the Agenda to reach the online signup sheet.

No Booze News (NBN) Newsletter Editor: Rick - Not present.

Still interested in people sharing their story.

Literature: Position open.

### **Business Meeting Minutes Continued**

#### LIASION REPORTS

Al-anon Liaison: Warren E. - Not present.

H&I Liaison: Wendy H. -

Working to streamline the process to get badged and get into the prison once it is open again after Covid restrictions are lifted

Contact info to get badged, contact - dtorrez@azadc.gov

Meeting times spoke of last month open for Axiom have all been filled.

3 coordinator positions open at H&I

Literature is provided to the individuals who are confined, not the places

Spanish Liaison: Marge M.

Going to many Spanish meetings, some are very welcoming.

Spanish Women's Workshop for Dec 4, 2021 committee is formed and getting to work

Money is being raised for the event

Two Spanish women's meetings being held regularly and lots of women are attending, especially young women.

Zonypaa Liaison: Megan P. - Not present.

Sub District 08-818: Tearsa C.

Meets on the second Tuesday of each month

PRAASA in March

Preconference assembly in March

Part of the post conference assembly host committee in June with other east valley subdistricts

Sub District 08-819: Lois L.

Well attended monthly meetings on Zoom

Considering moving locations when we get back to in person

Sub District 08-820: Debbie C.

Meetings still on Zoom first Monday of the month

Wants to make sure no GSRs are missing the meetings, call Debbie for info

Thinking about an upcoming potluck

### **OLD BUSINESS:**

We need a group to host the next Friday EVI speaker meeting on February 5<sup>th</sup> on Zoom. Please reach out to Tom. **NEW BUSINESS:** Need a group to host the next Sponsorship workshop.

Financially we have done well as an intergroup this year. Ron had the idea to offer a 20% discount on Big Books for the month of March to share the wealth. We have a seconded motion from the Steering Committee. Please share with your groups and next month we will vote on this.

Tom C. makes a motion that the EVI office stock sobriety tokens for sale at no profit as a service to members. Mindy, then changed to Brandon - who is the EVI rep - (Society) seconded.

Discussion: We only sell conference approved literature and it's a slippery slope to selling all kinds of sobriety items, like T-shirts and other "drunk junk". This was voted on 10 years ago and failed. At that time someone in the valley was selling chips and we didn't want to compete. Its not uncommon that some intergroups carry chips. Concern that this a very broad motion, we should look at the space we have in the office, etc. At the last office manager's seminar, some felt it was cool that we were one of the few Intergroups that did not sell "drunk junk".

Tom revised the motion to add (Brandon agreed) chips or sobriety tokens "of one basic type".

Motion postponed to next meeting. Discuss with your groups.

#### **ANNOUNCEMENTS:**

Marge announces two more campfire meetings coming up. Flyer at the office. These are not held on "no burn days".

Lois reminded: Saturday January 30th. Zoom presentation called "The Mysterious Concepts.

4 speakers - past GSB Trustees and past Delegates. 10am to 2pm. Zoom id: 9287 6475 405 Passcode: mystcon21

Ken motions to close, Bri seconds, motion passed.

I am responsible. When anyone anywhere reaches out for help, I want the hand of AA always to be there and for that I am responsible.

Thank you for allowing me to be of service,

# Maria Stanley



Twelve on 12 Page 12

### **True to Ourselves**

**JANUARY 2021 GRAPEVINE** 

A surprise discovery reminds one member how important it is to share our stories. We never know who they might help.

It feels silly to admit this, but the first thing I do when I receive the new issue of Grapevine is search through the table of contents. I like to read the names of the authors to see if I know any of them.

Over the years of my sobriety, I've attended YPAA (Young People in AA) events, moved from New Jersey to New York to Arizona and participated in general service. Along the way, I've been blessed with fellowship and friends all over the country. It's such a treat to reach out to someone I know who has had their story published in Grapevine and congratulate them. They're always happily surprised.

I've had the privilege of having several stories published in Grapevine and it's truly a unique experience. I'm always excited that the editors found something in my submission that they believed was worth sharing, as well as gratitude for the incredible honor. Usually I feel some indecision about whether I should tell anyone. After all, it's an anonymous magazine and we're encouraged to practice humility in AA, so it's only natural to be shy about it.

It was with a startling mixture of shock, sadness and joy that I came upon the name of a much-loved friend in the October 2018 issue of Grapevine one day. The article "Welcome to the Tattoo Convention" was written by Terra V. from Tempe, Arizona. To see her name was so unexpected because almost two years earlier in November of 2016, she took her life.

I met Terra when I moved to Arizona in 2007 and became a member of her home group. She was a vivacious, unapologetic and passionate woman whose hugs were so strong and full of love that the recipient might feel short of breath. This brilliant, hilarious lady and I became something like a sober and highly caffeinated Thelma and Louise, taking road trips around the state to ASCYPAAs (Arizona YPAA), area assemblies and other AA events. Since we were both brunettes with glasses, people would often mistake us for each other and mix up our names.

Several years later and full of adventures, laughter, resentments, heartache, forgiveness, tears and lots of meetings, she arrived at a point where she was not able to live any longer. I've had dark times, bottoms in sobriety when I've considered this option myself. Somehow each time hope has prevailed and I'm still here. Terra's death was a tremendous shock to those who knew and loved her, a blow to our community. She was so full of life and she is missed in so many ways.

I like to encourage everyone in AA to submit their stories to Grapevine, since we never know who's going to need to hear (or read) what we have to share, just like at a meeting.

After reading Terra's article, I remembered that she had asked me to take a look at it before she sent it in. I told her what I tell everyone: It came from you so it's perfect.

Her article was about the Tenth Step, how even white lies don't work well for us anymore in sobriety. She discussed the gifts we receive by being true to ourselves.

I'm so grateful that I can celebrate her life again by reading her words and knowing that her story might help another alcoholic in ways I can't even imagine. Congratulations on your article, Terra!

For more inspiring stories from AAs, be sure to check out our online store for a wide variety of AA Grapevine books, ebooks and much more.

BY: ANGELA P. | MESA, ARIZ.

### Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

